



I Take Heart

ENCOURAGEMENT FOR HOMESCHOOLING

What are the “what-ifs” or fears that keep you up at night?

How has God been faithful to you in your past?

If your “what-ifs” came true, what would be the worst that would happen? (Remember that 80-90% of our fears never come true!)

How could you improve on that worst-case scenario? Is there anything you can do now to help make it better?

What are some But God statements or biblical truths that counteract your fears? (Use your Bible concordance or www.biblegateway.com to help)

What other truths has God put on your heart?

I pray that this journal will help unpack some fears and enable you to turn those fears into FAITH!

“for God gave us not a spirit of fear but of power and love and self-control.” 2 Timothy 1:7

Take heart,
Katie

